

Contact: Derotha Ferraro  
South Peninsula Hospital  
Phone (907) 235-0397  
Fax (907) 235-0253

4300 Bartlett Street  
Homer, Alaska 99603  
Phone (907) 235-8101  
Fax (907) 235-0253

South Peninsula Hospital

# Hospital Brief

For Immediate Release

## SPH Focus on Diabetes and Diet

Homer, Alaska, Wednesday, March 19, 2008: South Peninsula Hospital will hold a Community Forum titled: The Right Diet for Diabetes, Thursday, March 27 from 7 to 8 pm at the Islands and Ocean Visitor Center. Registered Dietitian and Certified Diabetes Educator, Bette Seaman will give a presentation on dietary management of diabetes and how the right nutrition can prevent pre-diabetes from developing into diabetes. The hospital will also host informational tables at Safeway for diabetes education on Tuesday, March 25 from 3 to 6 pm and Thursday, March 27 from 11 am to 2 pm.

In conjunction with the informational tables and forum, SPH will offer half-price specials for two lab tests related to diabetic screening and management. Please call the hospital lab at 235-0338 for more information.

###

If you have any questions about this press release, please contact Derotha Ferraro, at 907-235-0397, or you can email her at [dbf@sphosp.com](mailto:dbf@sphosp.com).

---