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South Peninsula Hospital

# Hospital Brief

For Immediate Release

## SPH Opens Hand Therapy Clinic



Homer, Alaska, Thursday, February 28, 2008: South Peninsula Hospital recently opened its new Hand Therapy Clinic. The clinic, run by Glenna Holtby, OT, provides occupational therapy and hand therapy services Tuesday through Friday. This therapy is commonly used to treat hand and finger fractures, overuse syndromes like carpal tunnel syndrome, tendonitis and nerve compressions, arthritic hands and wrists, any traumatic hand injury that involves tissue damage, amputation or swelling, and conditions of the elbow.

Holtby is board certified in occupational therapy by the American Association of Occupational Therapists, and also specializes in custom splinting for all hand problems, including carpal tunnel syndrome and thumb joint arthritis.

Holtby graduated from the Occupational Therapy program at McMaster University in Ontario, Canada in 1990, and has worked in a variety of settings in the United States as well as overseas. She provided services previously at SPH from 2004 to 2006, and returns after a year of work in Alaska's bush communities.

For more information or an appointment, please call South Peninsula Rehabilitation Services at 907-235-0370. A doctor's referral is required for treatment.

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If you have any questions about this press release, please contact Derotha Ferraro, at 907-235-0397, or you can email her at [dbf@sphosp.com](mailto:dbf@sphosp.com).

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